

NutriPath 2025

**Theme: Building a Healthier Tomorrow
Through Better Diets**

Tentative Program

Day 1: Foundations and Innovations in Nutrition

08:30 – 09:30

Opening Ceremony & Keynote Address

Theme: "The Future of Global Nutrition: Challenges and Opportunities"

09:45 – 11:00

Session 1: Precision Nutrition & Personalized Diets

Advancements in nutrigenomics and nutriepigenomics
Utilizing wearable technology for individualized dietary planning

Impact of genetic profiling on nutrition recommendations

11:15 – 12:30

Session 2: Nutrition in Chronic Disease Management

Role of diet in managing diabetes and cardiovascular diseases

Medically tailored meals as therapeutic interventions
Integrating nutrition into standard healthcare practices

12:30 – 13:30

Lunch Break & Networking

13:30 – 14:45

Session 3: Food as Medicine

Clinical applications of functional foods and nutraceuticals

Dietary strategies for inflammation and immune support
Case studies on food-based interventions in clinical settings

15:00 – 16:15

Session 4: Behavioral and Cultural Aspects of Eating

Understanding cultural influences on dietary habits
Strategies to promote healthy eating behaviors
Addressing food deserts and accessibility issues

Showcasing emerging research in nutrition science
Opportunities for feedback and collaboration

Day 2: Technology, Sustainability, and Public Health

09:00 – 10:15

Session 5: Innovations in Functional Foods and Nutraceuticals

Development of hybrid proteins and plant-based alternatives
Incorporation of adaptogenic superfoods for stress resilience
Advancements in food fortification and supplementation

10:30 – 11:45

Session 6: Public Health Nutrition & Global Food Policy

Implementing sustainable dietary guidelines
Policies to reduce ultra-processed food consumption
Community-based nutrition programs and their impact

12:00 – 13:00

Lunch Break & Networking

13:00 – 14:15

Session 7: The Gut Microbiome & Its Impact on Health

Link between gut health and mental well-being
Probiotic and prebiotic interventions
Dietary patterns influencing microbiome diversity

14:30 – 15:45

Session 8: Digital Nutrition Tools & AI in Dietary Planning

AI-driven meal planning applications
Use of smart kitchen devices for nutrition tracking
Data analytics in dietary behavior research

16:00 – 17:15

Session 9: Sustainable Diets and Climate-Responsive Nutrition

Promoting plant-based diets for environmental sustainability
Reducing food waste through zero-waste kitchen practices
Role of regenerative agriculture in nutrition

17:30 – 18:30

Closing Ceremony & Keynote Address

Theme: "Shaping the Future of Nutrition: Collaborative Efforts for Global Health"

Submit Your Abstract

Send your abstract to:

abstracts@medscinexus.com

Share your research, insights, and
innovations with a global audience at
NutriPath 2025.

Registration Information:

Early-bird registrants receive a 1-day complimentary accommodation at the venue hotel.

Contact Us

contact@medscinexus.com

