

# Diabetes 360

**Uniting Science, Technology and  
Compassion for Holistic Diabetes  
Care**

## Preliminary Agenda

**Day 1 – August 26, 2025**

**Focus: Foundations, Diagnostics, and Medical  
Management**

08:00 – 09:00 | Registration & Welcome Coffee

09:00 – 09:15 | Welcome & Conference Introduction

09:15 – 10:15 | Plenary Session:

State of Diabetes Globally – Trends, Challenges, and  
Opportunities

Session I: Understanding Diabetes – Types, Causes & Risk  
Factors

10:15 – 11:30

Overview of Type 1, Type 2, and Gestational Diabetes  
Genetics, environment, and epigenetic influences

Risk assessment and prevention strategies

11:30 – 12:00 | Coffee Break

12:00 – 13:15

Session II: Innovations in Diagnosis & Monitoring

Continuous glucose monitoring (CGM)

Non-invasive diagnostics

Role of HbA1c, C-peptide, and other biomarkers

13:15 – 14:15 | Lunch Break

14:15 – 15:30

Session III: Medical & Pharmacological Management

Insulin therapies and delivery systems

Oral antidiabetic drugs: metformin, SGLT2i, DPP-4i,  
GLP-1RAs

Individualized treatment pathways

15:30 – 16:00 | Tea Break

16:00 – 17:00- Panel Discussion: Personalized Care in  
Diabetes – Current Realities & Future Prospects

**Day 2 – August 27, 2025**

**Focus: Integrated Care, Technology, and Complications**

08:30 – 09:00 | Morning Coffee

09:00 – 10:15

Session IV: Nutrition, Lifestyle, and Exercise in Diabetes

Diet patterns (Mediterranean, low-carb, plant-based)

Medical nutrition therapy

Exercise prescriptions and physiotherapy role

10:15 – 11:30 | Interactive Workshop: Lifestyle Counseling in  
Diabetes Management

11:30 – 12:00 | Coffee Break

12:00 – 13:30

Session V: Complications & Comorbidities

Diabetic retinopathy, nephropathy, neuropathy

Cardiovascular risks and stroke prevention

Diabetes and obesity/metabolic syndrome

13:30 – 14:30 | Lunch Break

14:30 – 15:30

Session VI: Mental Health, Psychosocial Support & Quality  
of Life

Diabetes distress and depression

Psychosocial interventions

Support systems and community care models

15:30 – 16:30

Session VII: Diabetes Technology & Digital Health

AI and mobile apps in diabetes care

Smart insulin pens, CGM-pump integrations

Telehealth and remote monitoring

16:30 – 17:00

Closing Plenary: The Future of Diabetes Prevention &  
Management

Global health initiatives

Research and innovation priorities

Collaborative strategies for better outcomes

17:00 – 17:15 | Conference Closing & Group Photo

**Contact Us:**

**[contact@medscinexus.com](mailto:contact@medscinexus.com)**

## Submit Your Abstract

**Be part of the global dialogue on  
diabetes care. Share your  
research, clinical innovations, or  
case studies at Diabetes 360 and  
contribute to shaping the future of  
diagnosis, treatment, and patient  
care.**

**Send your abstract to:  
[abstracts@medscinexus.com](mailto:abstracts@medscinexus.com)**

**Whether you're an early-career  
researcher or a seasoned expert,  
this is your opportunity to present  
your work on a prestigious  
international platform. Join us in  
Dubai and make your voice heard.**

**Date: August 26-27, 2025  
Dubai, UAE**